

# Toronto Addis Ababa Academic Collaboration - Rehabilitation

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## Current State – Rehabilitation Education

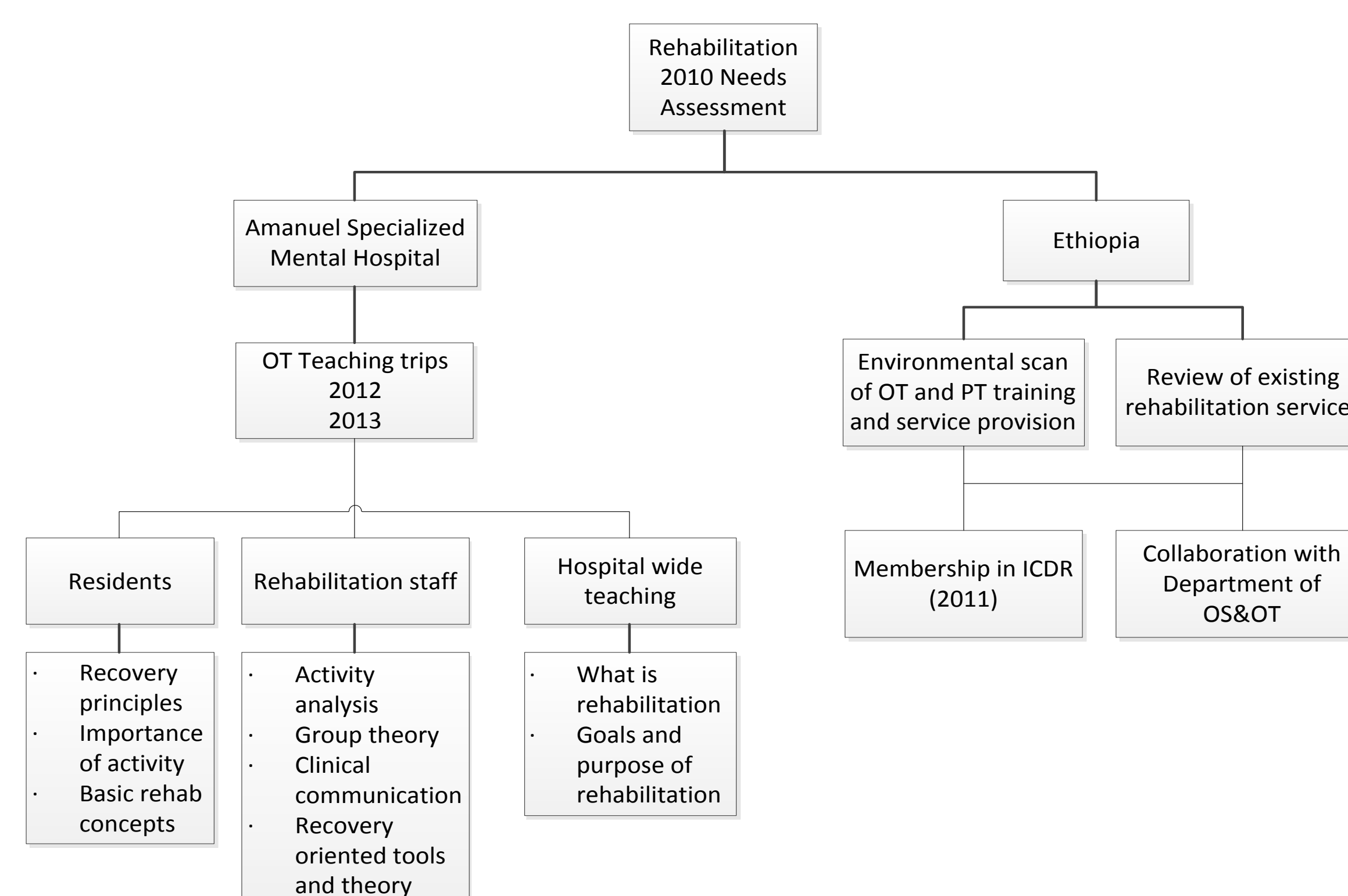
- Amanuel Specialized Mental Hospital & Gefersa Psychiatric Rehabilitation Centre – focused rehabilitation training for rehabilitation staff
- Psychiatry residents – week long lectures featuring recovery oriented principles
- Possible development of Speech Language Pathology – Bachelor's level training within the Faculty of Education at AAU
- Physiotherapy – Master's degree program at the University of Gondar



## Current State – Rehabilitation Service Delivery

- Amanuel Specialized Mental Hospital – provides specialized short-term recovery oriented group and individual rehabilitation
- Gefersa Psychiatric Rehabilitation Centre-moving towards long term psychiatric rehabilitation and skills training
- ALERT – one OT from South African specialized in burns rehabilitation
- Addis Ababa Fistula Hospital – education and skills training for surgical patients

## TAAAC – Rehabilitation to date



## Cultural Context of Rehabilitation

Recovery is an emerging health concept with an increased appreciation for a possibility of recovery and action oriented approach

- Value of doing
- Value of rehabilitation
- Value of meaningful activity
- Recognition of the spectrum of health care to include rehabilitation and recovery oriented approaches
- Client is more than their diagnosis

## Recovery Mission Statement

- “It is not enough for us to medicate and admit our patients. Recovery requires us to help them actually live their lives”
- “Rehabilitation involves helping patients get re-engaged with the meaningful activities that make up their day to day lives”
- Every interaction with a patient is an opportunity to promote recovery by encouraging them to be engaged in meaningful activities

## Looking to the Future

- Masters level training program in rehabilitation
  - Exploration of specialized master's degree program (Occupational therapy, Physiotherapy, Speech Language Pathology) vs generalist rehabilitation master's degree program (eg combined Physiotherapy Occupational therapy program (POTs))
- Increased collaboration with Gefersa
  - Sharing of resources and cross training of staff
- Funding
  - Need for sustainable funding for Canadian OT instructors

